



Lectures • Curator's Coffee • Special Events related to the exhibits "Drugs: Costs & Consequences" and "Brain: The Inside Story"

Evening Lectures

Cost for each: \$8 (\$7 members), \$5 students. Does not include entry to the exhibit. Preregistration is encouraged at www.NMnaturalhistory.org or tickets can be purchased at the door that evening. **Questions:** jayne.aubele@state.nm.us

Addiction Treatment and Challenges in New Mexico

Daniel Duhigg, D.O., MBA, Presbyterian Medical Group Medical Director, Behavioral Health
Wednesday, August 14, 2019 • 6:30pm – 8pm

What does addiction treatment actually look like? Dr. Duhigg will discuss the needs and challenges in New Mexico and various treatments for addictive illnesses.

Dr. Duhigg specializes in Addiction Psychiatry. He is a member of the Addiction Treatment Advisory Board for Bernalillo County and on the Board of Directors for the NM Monitored Treatment Program. Dr. Duhigg has a Doctorate of Osteopathic Medicine (Kansas City Univ of Medicine & Biosciences) and an MBA in Healthcare Leadership (Rockhurst University).

Special Lecture and Booksigning

Never Enough: The Neuroscience and Experience of Addiction

Judith Grisel, Ph.D., Professor of Psychology and Neuroscience, Bucknell University
Friday, August 23, 2019 • 6:30pm – 8pm

What is it about the brain that causes the experience of addiction and what is driving today's epidemic of addictions? Join us for this thought-provoking presentation by a neuroscientist who is also in long-term addiction recovery. Dr. Grisel's book, "Never Enough" will be available for purchase and signing.

Dr. Grisel is a behavioral neuroscientist with expertise in pharmacology and genetics whose research focuses on determining root causes of drug addiction.

New Concepts in Alzheimer's Disease and Vascular Cognitive Impairment

by **Gary Rosenberg, MD, Director UNM Center for Memory and Aging**
Wednesday September 11, 2019 • 6:30pm - 8pm

Dr. Rosenberg is one of the nation's leading researchers in vascular dementia and the early identification of the different types of dementia. He will discuss the importance of controlling high blood pressure and other vascular risk factors in prevention of dementia, and new treatments that he and others are developing to slow the rate of cognitive decline.

Dr. Rosenberg is Professor of Neurology at UNM Health Sciences Center, former chair of the Neurology Department and the Director of the UNM Center for Memory and Aging, the only center dedicated to diagnosing, treating and doing research that will impact the growing population, estimated to be over 43,000, of New Mexicans who have some form of dementia.

Curator's Coffee

Cost: \$8 (\$7 members) An informal discussion, includes coffee/tea/pastries/fruit and entry to "Drugs: Costs and Consequences." **Limit 20 participants.** Preregister at www.NMnaturalhistory.org **Questions:** jayne.aubele@state.nm.us

It Takes a Village: Community Reinforcement Approach to Substance Abuse Treatment

V. Ann Waldorf, Ph.D. Dept of Psychiatry & Behavioral Science, School of Medicine, UNM
Thursday, November 7, 2019 • 9:30am to 11am

Join this discussion about an effective treatment approach for substance use disorders, formalized at UNM, that includes a component for family members.

Dr. Waldorf is Vice Chair for Behavioral Sciences, Department of Psychiatry and Behavioral Sciences, UNM School of Medicine. She has been actively involved in the treatment of persons impacted by substance use disorders for over 25 years.

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Special Events/Short Talks/Workshops/Films

My Generation Rx: Safe Medication Practices for Life

Special Short Talk at 11am (and repeat presentation at 1pm) on each date

Presented by the UNM College of Pharmacy

Sundays July 7, August 4, September 1, October 6, and November 3, 2019 • 11am and 1pm.

Attend a family-friendly presentation on the use and misuse of prescription medications given by students from the UNM College of Pharmacy, Doctor of Pharmacy Program.

FREE to ALL Museum visitors. (Museum admission is free to all NM residents on these dates). Preregistration is not required. **Ask at the Admissions Desk for directions to the STEM Lecture Hall on the day of the event for either the 11am or 1pm presentations.** Questions: jayne.aubele@state.nm.us

Workshop - Introduction to Mindfulness for Adults

Saturday September 14 • 10 – 11:30 am

Mindfulness practices have been successful in helping people reduce stress and live life with more ease. Current research is focusing in on how mindfulness helps us calm the nervous system creating new neural pathways in the brain. **Marnie Rehn** is a certified teacher with the Mindfulness Training Institute (MTI), an International Mindfulness Training Association (IMTA) accredited program; and has been teaching the Mindful School's curriculum for the past year to youth and adults.

Cost: \$10 (\$9 members). Come as you are – no special equipment is required. Preregistration required: go to www.NMnaturalhistory.org. Questions: jayne.aubele@state.nm.us

The Medicine in Marijuana - Documentary Film - Special Showing

Presented and Introduced by film producer, Benson Daitz, M.D.

Tuesday September 17, 2019 • 6:30 – 7:30pm

Across centuries and cultures, people have told stories about the healing powers of cannabis. This documentary, previously shown on NM-PBS, tells the stories of patients, practitioners and researchers in New Mexico; and provides the latest scientific information about what we know (and what we don't know) about its use for a myriad of medical conditions including seizures, cancer, PTSD, epilepsy, and chronic pain. **Ben Daitz, M.D.** is professor of family and community medicine, UNM School of Medicine; and a documentary filmmaker, and writer. He has written for the New York Times, The Atlantic, Undark, and Eclectica. **Ned Judge** is a veteran writer, producer and director. He has worked for NBC, PBS, Discovery, National Geographic, and Turner Broadcasting and has won two Emmys and a prestigious Columbia Dupont Award.

Cost: \$8 (\$7 members), \$5 students. Preregistration is encouraged or tickets can be purchased at the door the evening of the event (if seats are available). Does not include entry to the exhibit. Go to www.NMnaturalhistory.org. Questions: jayne.aubele@state.nm.us

Celebrate Red Ribbon Week and "Send a Message" (Family Event)

October 23-31, 2019

Children of all ages will be able to draw or write a message about drug use or substance abuse and then create an ofrenda (memorial) to family members lost to substance abuse illness. Their work will be on display at the Museum Nov 1-3.

FREE Hands-on project (with Museum admission). Check www.NMnaturalhistory.org for more info.

Special Guest Lecturer to celebrate Red Ribbon Week ...To Be Announced...Check Museum website

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